

2009 INFORMATION SHEET
Northern Nova United Soccer Club
P.O. Box 1047, Stellarton, NS B0K 1S0
www.nnusc.com



Northern Nova United offers soccer programming for players of all ages, interests and abilities. Below is a summary of information and programs available for our 2009 season.

Please note, program times cannot be finalized until the registration process is completed and final player / team numbers determined. Program schedules will be posted on our website one week prior to the season commencement in May.

Due to the large number of program participants, it is the individual player / parent / guardians responsibility to confirm program scheduling by visiting our website or contacting our club administrator Lori Peters at (902) 396-4097 or admin@nnusc.com.

Our club website www.nnusc.com will be updated regularly and will be your one stop shop for all club related information and resources.

Our programs cannot run without coaches and volunteers. We provide training and resources for all levels of coaches and encourage interested individuals to complete the coaching section on the player registration form.

Registration

Three registration sessions will be held at the G R Saunders School in Stellarton as follows –

Tuesday, 24th March from 6 – 8pm
Thursday, 26th March from 6 – 8pm
Saturday, 28th March from 2 – 4pm

Registrations may also be mailed in with forms available on the club website. Payment and jersey deposit must accompany the registration.

Please read the registration form carefully and complete all sections. We cannot guarantee a player will be placed in a team on game day if forms are incomplete.

Late registration and team placement cannot be guaranteed after the 28th March and will be subject to a \$20 late fee.

Cancellation Policy

Mini soccer weather cancellations will be announced by 8.00am on the local radio station East Coast FM. Cancellations for mini and other programs will also be posted on the club website as required.

1. MINI SOCCER

The mini soccer season commences on Saturday the 9th May and runs until Saturday the 27th June (8 weeks). There is a break over the summer months of July and August. The fall season recommences on Saturday the 5th September and runs until Saturday the 3rd October (5 weeks).

The program is run at the Sobeys soccer complex on the Old Foxbrook Road in Stellarton. Full clubhouse, washroom and healthy canteen facilities are available. The field and clubhouse are strictly **NON SMOKING**.

A Timbits tournament will be held in the fall for all mini soccer players. Players will participate in a multiple games over their scheduled hour and receive medals and treats afterward.

Team and individual photos will also be taken during the season and offered for sale to players.

Team jerseys will be provided to players by the club and must be returned at the end of the season. A jersey deposit will be taken at registration. All players must wear soccer cleats and shin pads. Players should also have adequate water to drink during their sessions.

Please ensure players arrive at least 15 minutes prior to their scheduled session time to verify their field locations at the clubhouse.

Preschool Soccer (born 2005-2006)

The preschool program is run on Saturday mornings for one hour. Players are grouped into coed teams of approximately 10 players. Coaches will take the players through 30 minutes of fun learning activities with a focus on team participation and ball handling. Following the coaching session, 3 v 3 games are held for the final 30 minutes. Games are played without scores or keepers. At this age you can expect the unexpected.....

Mini Soccer – U6 (born 2003-2004)

U6 players are grouped into separate boys and girls teams, with team sizes of around 8 – 10 players. Combined training / game sessions are held over one hour on a Saturday morning. 30 minute coaching sessions focus on movement and ball skills and an introduction to a soccer education environment. A 30 minute, 4 v 4 game follows in a free flowing fashion with no scores or keepers.

Mini Soccer – U8 (born 2001-2002)

U8 players are grouped in separate boys and girls teams with team sizes of around 10 players. Combined training / game sessions are held over one hour on a Saturday morning. 30 minute coaching sessions focus on movement with the ball, ball skills and understanding the basic rules of soccer. A 30 minute, 5 v 5 game follows in a free flowing fashion with no scores and the introduction of keepers.

Mini Soccer – U10 (born 1999-2000)

U10 players are grouped in separate boys and girls teams with team sizes of around 14 players. Skills nights are held for one hour on an evening during the week. Skills nights will focus on both basic and advanced ball skills, team play, tactics and advanced rules. 40 minute games are played on Saturdays in a 7 v 7 format with a referee. There are no league standings at this age level. A 20 minute warm up session is held prior to the game.

2. U8 & U10 DEVELOPMENT ACADEMIES – New for 2009!!!!

A first for Pictou Country, the North Nova United U8 and U10 Development Academy has been designed to focus on a player's individual growth as a soccer player. Normally our club system uses volunteers as coaches and the focus is mainly on team results rather than the individual players' growth. Our Academy players, are Coached by a Provincially qualified coach and the focus is player-centered rather than team-centered, so that your child's development is placed ahead of games and the final score. Our academy program is designed to develop players over the long term and will enable some to compete at the highest level, such as Tier 1, Provincial and University settings. The NNU academy program is open to all U8 and U10 players within the club, it is designed for the committed player who seeks a long term future in the game. Registration in the NNU mini soccer program is a prerequisite.

U8 Academy (born 2001-2002)

Starting in early May, two 1hr training sessions will be held during the week through the Spring and Summer. Additional games will also be arranged during the summer against other regional clubs. Registration fees for this league include a full club kit.

U10 Academy (born 1999-2000)

Starting in early May, two 90 minute training sessions will be held during the week through the Spring and Summer. A competitive league will be played over the summer months with other regional clubs. Registration fees for this league include a full club kit.

3. RECREATIONAL SOCCER

Recreational Soccer (U12) (born 1997-1998)

Male and female teams will be formed to play in a 9 v 9 format. Team sizes will consist of around 15 players. This is a structured league with formal standings and playoffs. One hour, refereed games will be held on Saturdays and a skills night will be held during the week.

This program is open to players of all abilities and will be played at our Stellarton fields. The program will be held in the spring and fall starting on Saturday the 9th May and until Saturday the 27th June (8 weeks). There is a break over the summer months of July and August. The fall season recommences on Saturday the 5th September and runs until Saturday the 3rd October (5 weeks).

We are currently pursuing the possibility of a jamboree day with other regional recreation teams.

Recreational Soccer (U14 – U18) (born 1991- 1996)

Refereed games in this league will be offered once a week. The final structure of this league will be subject to both player and coaching interest. More information will be available on the club website after registration.

4. COMPETITIVE SOCCER –TIER II (U12 – U18) (born 1991-1998)

Male and female teams are formed at each age group and typically require players to try-out for a spot a Tier II team. A typical team will carry 18 players and be on the field twice a week to practice and once to twice a week for games. Days and times of practice and play will vary with every team.

Try-outs will be held during the month of April for all teams. Tier II players will play in the spring recreational soccer season as well as weekly or bi-weekly training sessions with their Tier II team until their league kicks off. Under 12 and Under 14 teams will begin league play at beginning the month of June, and Under 16 and Under 18 teams will begin play at the end of the month to accommodate the end of the school year. The season can run up to the second week of September for certain age groups successful in representing the Highland Region at a provincial tournament.

Teams will play in the Highland Soccer league and should expect at the very least, one trip to each Antigonish, Truro and Amherst throughout the summer season as well as games within Pictou County. Additionally teams will normally travel to one to two weekend long tournaments during the summer. All teams will have an opportunity to playoff for a provincial tournament berth during the month of August.

Tier II players and families should be prepared for a time commitment of 6-8 hours or more per week during the summer season and 1-2 weekends out of town. Families should also be aware that a team will normally require additional financial support to cover the cost of tournaments, exhibition games and other team activities.

Players interested in Tier II soccer can also participate in the spring and fall club recreational league if desired